

					-
Monday	Tuesday	Wednesday	Thursday	Friday	
	1 Mozzarella Sticks w/ dipping sauce and Breadstick	2 Walking Taco w/ rice	3 Hot Ham and Cheese	4 Philly Cheese Steak Pizza	
	Baked Beans 1/2c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Fresh Carrots 3/4c Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes 1/2c Cucumber tomato Salad 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	,
7	8	9	10	11	ᆫ
Chicken Tender w/ buttered noodles	Nacho Grande w/ meat and cheese	Mac and cheese w/ dinner roll	Chicken Finger Subs	Chicken Taco Pizza	
Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Broccoli 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Salad Greens 3/4c Pinto Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	-
14	15	16	17	18	1
	Spr	ing Brea			
21	22	23	24	25	
Soft Taco w/ rice	Chicken Nuggets w Noodles	Steak Tacos w mozzarella cheese	Bacon Cheeseburger on WG Bun	White Garlic Pizza	
Broccoli 1/2c Baked Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Peppers 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Beans 1/2c Fresh Baby Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes w/ Onion 1/2c Steamed Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Mixed Vegetables 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	(1
28	29	30			1
Popcorn Chicken w dinner roll	Chicken Alfredo	French Toast w/ sausage			
Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Baked Beans 1/2c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Hashbrown 1/2c Fresh Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz			

NYS LOCAL FOODS

*Upstate Farms

Milk, Yogurt, Sour Cream Eden Valley Growers

Assorted Varieties of Apples Eden Valley Growers

Assorted Fruits & Vegetables <u>used in Meal Program</u> <u>highlighted in green</u>

The Following Entrees Served Daily:

6" Subs and Wraps (2M2G)

Salads Made to Order (Includes Flatbread) 2M2G

Peanut Butter & Jelly Sandwich (2M2G)

Fruit & Yogurt Parfait w/Flatbread(2M2G) Pepperoni Pizza

Offered daily with all School Lunches:

Fresh or Prepared Fruit
(Must take ½ cup of Fruit or Vegetable –
may take up to 1 cup)

NY State 8oz 1% or Skim White Milk Fat Free Chocolate Milk

> Student \$2.25 Adult \$5.45

allergy, please contact the food service office @ (716)555-555

